

## Resources for Blended Families

*Blending a family is tricky business! Below you'll find a few articles, organizations, and resources that may be helpful along the way.*

A simple, 5-minute read on the subject that identifies a few of the common hotspots and surface level considerations:

- <https://extramile.thehartford.com/family/relationships/blended-family/>

A brief introduction (and a few actionable tips) to a research/evidence-based approach to step-parenting:

- <https://www.familylife.com/articles/topics/blended-family/stepparents/developing-a-relationship-with-stepchildren/the-attachment-difference/>

Two great organizations for a deeper dive:

- <https://smartstepfamilies.com>
- <https://www.familylife.com> (Look for the “FamilyLife Blended” links/resources)

A direct link to some of FamilyLife Blended’s PDF resources:

- <https://www.familylife.com/familylifeblended/resources/>

A link to an excellent podcast on blended family life and step-parenting that integrates a Biblical perspective. See additional content on their Youtube channel.

- <https://www.familylife.com/podcast/familylife-blended-podcast/>

National Stepfamily Resource Center (check out the “Quick Resources” on the bottom right of the main page):

- <https://www.stepfamilies.info>